



IN THE
WINGS
RESTAURANT



Adults need around 2000 kcal a day

FOR THE TABLE (11AM – 10PM)

ITALIAN OLIVES (Ve) (Gf) 24 128 kcal 4.50

CHARGRILLED BLOOMER
BREAD BOARD (V) 1438 kcal
Salted butter 6.50

GARLIC PIZZA BREAD (V) 1193 kcal 8.50
Add cheese 208 kcal 3.00

HOMEMADE CAJUN TORTILLA
CRISPS (Ve) (24) 621 kcal 4.00

HOMEMADE ROSEMARY SALTED SWEET
POTATO CRISPS (Ve) (Gf) (24) 196 kcal 4.00

STARTERS (11AM – 10PM)

HOMEMADE SOUP OF THE
DAY (Ve) (24) kcal on request
Toasted sourdough 7.00

SALT "A LA PLANCHA" (Gf) 343 kcal
Shredded chilli, wasabi crème fraîche 8.50

PORK MEATBALLS "RAREBIT" 1239 kcal
Served with crisp tortillas 9.50

GRILLED AUBERGINE
AND TOFU (Ve) (Gf) 278 kcal
Five spice dressing, pickled kale slaw 8.50

HERITAGE TOMATO & BASIL
SALAD (Ve) (Gf) 198 kcal 8.50
Add mozzarella pearls (V) (Gf) 232 kcal £1.50

POACHED EGG & PORTOBELLO
MUSHROOM 497 kcal
Black pudding crumb 8.00

PORK, DUCK LIVER & PORT PARFAIT (24) 744 kcal
Toast, gherkin, pickled shallot 8.50

BUFFALO CHICKEN FILLETS (Gf) 753 kcal
Sriracha cream cheese dip 8.00

KING PRAWNS & NDUJA (Gf) 523 kcal
Beef tomato, red onion, spinach 12.00

PIZZA (11AM – 11PM)

ITALIAN (V) (24) 1191 kcal
Tomato, garlic, mozzarella, basil 14.00

ITALIAN (Ve) (24) 931 kcal
Tomato, garlic, vegan cheese, basil 14.00

JAMAICAN (24) 1301 kcal
Jerk chicken, jalapeños, tomato salsa, coriander
16.00

LONDON 1478 kcal
Cumberland sausage, smoked bacon, mushroom,
hens egg 16.50

ASIAN (24) 1369 kcal
Shredded duck, hoisin sauce, courgette, spring
onion 18.50

SHEPPERTON (24) 1816 kcal
Charcuterie, red onion, cheddar 19.50

CHARGRILLED VEGETABLE (Ve) 968 kcal
Cashew pesto 15.50

THE SPICY ONE 1673 kcal
'Nduja, salami, garlic, fresh chilli, sriracha 18.00

GARLIC PUCCIA (V) 597 kcal
Garlic & chive butter 6.00
Add cheese (V) 104 kcal 1.50

DESSERTS (11AM – 10PM)

WINTER BERRY CHEESECAKE (V) (24) 534 kcal
Raspberry coulis 9.50

CHOCOLATE CHERRY PUDDING (Ve) (Gf) 449 kcal
Custard or ice cream, sour cherries 9.50

BAKEWELL TART (V) 507 kcal
Custard, ice cream or clotted cream 9.50

APPLE TART TATIN (V) 487 kcal
Custard, ice cream or clotted cream 9.50

LEMON MERINGUE PIE (V) (24) 738 kcal
Raspberry sorbet, elderflower syrup 9.50

BANOFFEE PIE (V) (24) 947 kcal
Rum & pistachio caramel 9.50

PANETTONE BREAD & BUTTER
PUDDING (V) 535 kcal
Custard, ice cream or clotted cream 9.50

CLASSIC CHEESEBOARD (V) (Gf) (24) 926 kcal
Oatcakes, grapes, onion chutney, celery 12.50

SELECTION OF ICE CREAMS
& SORBETS (V/Ve) (Gf) (24) kcal on request
Please ask for today's options 6.50

(V) Vegetarian (Ve) Vegan (24) are available 24 hours a day. (Gf) Gluten-free dishes are produced utilising non-gluten containing ingredients. *Contains nuts.
If you have any dietary requirements or require any information on any of the 14 declarable food allergens, then please speak to a member of our team before ordering. Please note that we store, handle and prepare a range of ingredients that contain food allergens and cannot guarantee that our dishes are allergen-free due to the potential of cross-contamination. A 10% discretionary service charge will be added to your bill. Prices include VAT. Kids stay and eat free means that children under the age of 13 years can enjoy breakfast free of charge. Lunch and dinner are also free when chosen from the kids' menu and the child is accompanied by at least one adult eating at least one main course. This offer applies to the hotel in which the child's family is staying.

MAIN PLATES (11AM – 10PM)

BEER BATTERED COD FILLET 1612 kcal
Chunky chips, minted mushy peas, charred lemon 20.00

CHICKEN SALTIMBOCCA (Gf) 1962 kcal
Prosciutto, sage, onion chutney, confit hens egg, Italian hard cheese shavings 19.50

ORIGINAL CHEESEBURGER 1713 kcal
Relish, lettuce, tomato, red onion, brioche bun, green salad*, onion rings, skinny fries 19.50

CHINESE STYLE DUCK LEG SALAD 477 kcal
Crispy beansprout, vegetable salad, spiced cashew dressing 16.50

CAESAR SALAD (24) 635 kcal
Crisp cos, creamy Caesar dressing, croutons, anchovies, Parmesan shavings 14.00
Add chicken (Gf) 220 kcal, goats cheese (V) (Gf) 291 kcal, smoked streaky bacon (Gf) 373 kcal, salmon (Gf) 278kcal. All 5.00

SHEPPERTON HOMEMADE CURRY OF THE DAY (24) kcal on request
Please ask for today's meat and vegan options
Steamed rice, mango yoghurt 18.00
Add naan bread (Ve) 231 kcal, vegetable pakoras (Ve) 151 kcal, poppadoms & lime pickle (Ve) 262 kcal, onion bhajis (Ve) 422 kcal. All £4.00

STEAK FRITES (Gf)
Roasted salt aged bavette steak, skinny fries, green salad*, garlic & chive butter
4oz 1471 kcal 18.00 8oz 1731 kcal 25.00

CHARGRILLED 10oz RIBEYE STEAK (Gf)
Chunky chips, green salad*, roasted tomato, portobello mushroom 1816 kcal 32.50
Add sauce, all 4.00
bearnaise (V) (Gf) 281 kcal, diane (Gf) 263 kcal, peppercorn (V) (Gf) 175 kcal, garlic butter (V) (Gf) 203 kcal

SPATCHCOCKED HALF CHICKEN 1269 kcal
Chimichurri sauce, skinny fries, green salad* 19.50

MAC N CHEESE (V) 1403 kcal
Mature cheddar, sourdough pangritata, crispy onions, green salad* 17.00
Add garlic puccia (V) 597 kcal 6.00
Add chicken (Gf) 220 kcal, goats cheese (V) (Gf) 291 kcal, smoked streaky bacon (Gf) 373 kcal, salmon (Gf) 278kcal. All 5.00

CHICKEN, LEEK & HAM HOCK PIE 1401 kcal
Colcannon mash, Tenderstem broccoli, roasted carrot, gravy 19.50

LOCAL SAUSAGE & MASH kcal on request. Please ask for today's flavours
Greens, roasted carrot, crisp onion rings, gravy 18.50

10oz BACON CHOP (Gf) 1035 kcal
Chunky chips, garden peas, fried egg 16.50
Add chargrilled pineapple wedge 50 kcal 1.50

PUMPKIN RAVIOLI (V) 744 kcal
Wilted greens, sage butter 17.50
Add garlic puccia (V) 597 kcal 6.00

AUBERGINE PARMIGIANA (V) (Gf) 1070 kcal
Green salad 17.50
Add garlic puccia (V) 597 kcal 6.00

POTATO GNOCCHI (Ve) (24) 673kcal
Mixed pepper piperade, black olive tapenade 15.50

SIDES (11AM – 10PM)

BROCCOLI, GREEN BEANS &
TOASTED CASHEWS (Ve) (Gf) (24) 222 kcal 7.50

SLOW-ROASTED GARLIC BUTTERED
NEW POTATOES (Ve) (Gf) (24) 443 kcal 6.50

ROASTED CARROT & PUMPKIN
SEEDS (Ve) (Gf) (24) 294 kcal 6.50

GREEN SALAD* (Ve) (Gf) (24) 342 kcal 6.50

TRUFFLE & PARMESAN FRIES (Gf) 538 kcal 7.00

CHUNKY CHIPS & ROSEMARY SALT
(Ve) (Gf) 449 kcal 4.50

ONION RINGS (Ve) 600 kcal 4.50

SKINNY FRIES (Ve) (Gf) 397 kcal 4.50

SWEET POTATO FRIES (Ve) (Gf) 481 kcal 5.50

